



Funakoshi Shotokan Karate Association

A California Corporation

KUMITE PRACTICE

Presented by
Sensei Kyle Funakoshi

FREE PRACTICE TRAINING

- **YOUTH:** All ranks (FREE)
- **ADULTS:** Color Belts ONLY (FREE)

DATE: **October 7, 2017** (Saturday)

TIME: 1:00 – 2:00 P.M. Ages 5 – 9 Years
2:00 – 3:00 P.M. Ages 10 years – Adult

Doors will open at **1:00 pm** for this **FREE** practice.

Please notify office if there is a difference in age group if more than one family member training.

PLACE: FSKA World Headquarters
1293 South Park Victoria Blvd
Milpitas, CA

PHONE: (408) 263-8544

DIRECTIONS: I-680, Exit Landess (East)
Left on South Park Victoria Drive
(next to CoMerica Bank)

For more information call FSKA at (408) 263-8544.



- For hygiene reasons, participants **MUST** have their **OWN** safety equipment:
- Fist pads, mouthpiece, athletic cup (males) **required** for all kumite participants.
- **OWN** Chest protectors & face masks **highly recommended, especially for youth.**



Show your dojo spirit and don't miss this opportunity on **October 7, 2017 (Saturday)** that will give you valuable information on fine-tuning your Kumite etiquette, as well as tips and technical corrections for competition. As a competitor, you want that extra "edge" that will impress the judges on your traditional training at FSKA.

This Kumite practice session will be in preparation for the **UPCOMING FSKA Annual Fall Championships** to be held on **October 21, 2017 (Saturday)** at Homestead High School in Cupertino. Flyers will be sent out prior to the tournament!