

INDIVIDUAL KATA

| | | AGE GROUP | GRADE | KATA |
|--|-----|-----------------------|-----------------|--|
| S U N D A Y 29 th | 001 | GIRLS 6 YRS AND UNDER | OPEN | TAIKYOKU SHODAN ONLY |
| | 002 | BOYS 6 YRS AND UNDER | OPEN | TAIKYOKU SHODAN ONLY |
| | 003 | BOYS 7-8 YEARS OLD | 8 KYU AND BELOW | TAIKYOKU SHODAN, HEIAN SHODAN, HEIAN NIDAN, HEIAN SANDAN |
| | 004 | BOYS 7-8 YEARS OLD | 7 KYU AND ABOVE | TAIKYOKU SHODAN, HEIAN SHODAN, HEIAN NIDAN, HEIAN SANDAN |
| | 005 | GIRLS 7-8 YEARS OLD | 8 KYU AND BELOW | TAIKYOKU SHODAN, HEIAN SHODAN, HEIAN NIDAN, HEIAN SANDAN |
| | 006 | GIRLS 7-8 YEARS OLD | 7 KYU AND ABOVE | TAIKYOKU SHODAN, HEIAN SHODAN, HEIAN NIDAN, HEIAN SANDAN |
| | 007 | BOYS 9-10 YEARS OLD | 8 KYU AND BELOW | TAIKYOKU SHODAN, ALL HEIAN KATAS |
| | 008 | BOYS 9-10 YEARS OLD | 7 KYU AND ABOVE | TAIKYOKU SHODAN, ALL HEIAN KATAS |
| | 009 | GIRLS 9-10 YEARS OLD | 8 KYU AND BELOW | TAIKYOKU SHODAN, ALL HEIAN KATAS |
| | 010 | GIRLS 9-10 YEARS OLD | 7 KYU AND ABOVE | TAIKYOKU SHODAN, ALL HEIAN KATAS |
| S A T U R D A Y 28 th | 011 | BOYS 11-12 YEARS OLD | 8 KYU AND BELOW | TAIKYOKU SHODAN, ALL HEIAN KATAS* |
| | 012 | BOYS 11-12 YEARS OLD | 7 KYU - 4 KYU | TAIKYOKU SHODAN, ALL HEIAN KATAS* |
| | 013 | BOYS 11-12 YEARS OLD | 3 KYU AND ABOVE | OPEN** |
| | 014 | GIRLS 11-12 YEARS OLD | 8 KYU AND BELOW | TAIKYOKU SHODAN, ALL HEIAN KATAS* |
| | 015 | GIRLS 11-12 YEARS OLD | 7 KYU - 4 KYU | TAIKYOKU SHODAN, ALL HEIAN KATAS* |
| | 016 | GIRLS 11-12 YEARS OLD | 3 KYU AND ABOVE | OPEN** |
| | 017 | BOYS 13-14 YEARS OLD | 8 KYU AND BELOW | TAIKYOKU SHODAN, ALL HEIAN KATAS* |
| | 018 | BOYS 13-14 YEARS OLD | 7 KYU - 4 KYU | TAIKYOKU SHODAN, ALL HEIAN KATAS* |
| | 019 | BOYS 13-14 YEARS OLD | 3 KYU AND ABOVE | OPEN** |
| | 020 | GIRLS 13-14 YEARS OLD | 8 KYU AND BELOW | TAIKYOKU SHODAN, ALL HEIAN KATAS* |
| | 021 | GIRLS 13-14 YEARS OLD | 7 KYU - 4 KYU | TAIKYOKU SHODAN, ALL HEIAN KATAS* |
| | 022 | GIRLS 13-14 YEARS OLD | 3 KYU AND ABOVE | OPEN** |
| | 023 | BOYS 15-17 YEARS OLD | 8 KYU AND BELOW | TAIKYOKU SHODAN, ALL HEIAN KATAS* |
| | 024 | BOYS 15-17 YEARS OLD | 7 KYU - 4 KYU | TAIKYOKU SHODAN, ALL HEIAN KATAS* |
| | 025 | BOYS 15-17 YEARS OLD | 3 KYU AND ABOVE | OPEN** |
| | 026 | GIRLS 15-17 YEARS OLD | 8 KYU AND BELOW | TAIKYOKU SHODAN, ALL HEIAN KATAS* |
| | 027 | GIRLS 15-17 YEARS OLD | 7 KYU - 4 KYU | TAIKYOKU SHODAN, ALL HEIAN KATAS* |
| | 028 | GIRLS 15-17 YEARS OLD | 3 KYU AND ABOVE | OPEN** |
| F R I D A Y 27 th | 029 | MEN 18-29 YEARS OLD | 8 KYU AND BELOW | TAIKYOKU SHODAN, ALL HEIAN KATAS* |
| | 030 | MEN 18-29 YEARS OLD | 7 KYU - 4 KYU | TAIKYOKU SHODAN, ALL HEIAN KATAS* |
| | 031 | MEN 18-23 YEARS OLD | 3 KYU - 1 DAN | OPEN** |
| | 032 | MEN 18-23 YEARS OLD | 2 DAN AND ABOVE | OPEN** |
| | 033 | MEN 24-29 YEARS OLD | 3 KYU-1 DAN | OPEN** |
| | 034 | MEN 24-29 YEARS OLD | 2 DAN AND ABOVE | OPEN** |
| | 035 | WOMEN 18-29 YRS OLD | 8 KYU AND BELOW | TAIKYOKU SHODAN, ALL HEIAN KATAS* |
| | 036 | WOMEN 18-29 YRS OLD | 7 KYU - 4 KYU | TAIKYOKU SHODAN, ALL HEIAN KATAS* |
| | 037 | WOMEN 18-23 YRS OLD | 3 KYU-1 DAN | OPEN** |
| | 038 | WOMEN 18-23 YRS OLD | 2 DAN AND ABOVE | OPEN** |
| | 039 | WOMEN 24-29 YRS OLD | 3 KYU-1 DAN | OPEN** |
| | 040 | WOMEN 24-29 YRS OLD | 2 DAN AND ABOVE | OPEN** |
| | 041 | MEN 30-40 YEARS OLD | 4 KYU AND BELOW | TAIKYOKU SHODAN, ALL HEIAN KATAS* |
| | 042 | MEN 30-40 YEARS OLD | 3 KYU - 1 DAN | OPEN** |
| | 043 | MEN 30-40 YEARS OLD | 2 DAN AND ABOVE | OPEN** |
| | 044 | WOMEN 30-40 YRS OLD | 4 KYU AND BELOW | TAIKYOKU SHODAN, ALL HEIAN KATAS* |
| | 045 | WOMEN 30-40 YRS OLD | 3 KYU - 1 DAN | OPEN** |
| | 046 | WOMEN 30-40 YRS OLD | 2 DAN AND ABOVE | OPEN** |
| | 047 | MEN 41-50 YEARS OLD | 4 KYU AND BELOW | TAIKYOKU SHODAN, ALL HEIAN KATAS* |
| | 048 | MEN 41-50 YEARS OLD | 3 KYU - 1 DAN | OPEN** |
| | 049 | MEN 41-50 YEARS OLD | 2 DAN AND ABOVE | OPEN** |
| | 050 | WOMEN 41-50 YRS OLD | 4 KYU AND BELOW | TAIKYOKU SHODAN, ALL HEIAN KATAS* |
| | 051 | WOMEN 41-50 YRS OLD | 3 KYU- 1 DAN | OPEN** |
| | 052 | WOMEN 41-50 YRS OLD | 2 DAN AND ABOVE | OPEN** |
| | 053 | MEN 51-59 YRS OLD | OPEN | OPEN** |
| | 054 | MEN 60+ YRS OLD | OPEN | OPEN** |
| | 055 | WOMEN 51- 59 YRS OLD | OPEN | OPEN** |
| | 056 | WOMEN 60+ YRS OLD | OPEN | OPEN** |

* In the final round competitors MUST perform a different Kata

** The competitors MUST alternate between 2 KATAS all the way to the final

For Friday Categories, KATA EVENT will be scored ONLY using POINT SYSTEM.

For Sunday and Saturday Categories, KATA EVENT will be scored using FLAG SYSTEM with four corner judges and one centre referee (repechage will be applied).

| | | |
|------------------------------|--|-------|
| SATURDAY 28 th | SPECIAL COMPETITION (Competitors with physical or mental limitations) | GRADE |
| 057 | Individual Kata (DISABILITY) | OPEN |

TEAM KATA

| AGE GROUP | | KATA | |
|--|-------------------------------------|--|-------|
| S U N D A Y 29 th | 058 | BOYS 8 YEARS OLD AND UNDER | OPEN |
| | 059 | GIRLS 8 YEARS OLD AND UNDER | OPEN |
| | 060 | MIXED (BOYS AND GIRLS) 8 YEARS OLD AND UNDER | OPEN |
| | 061 | BOYS 9-10 YEARS OLD | OPEN |
| | 062 | GIRLS 9-10 YEARS OLD | OPEN |
| | 063 | MIXED (BOYS AND GIRLS) 9-10 YEARS OLD | OPEN |
| S A T U R D A Y 28 th | 064 | BOYS 11-12 YEARS OLD | OPEN* |
| | 065 | GIRLS 11-12 YEARS OLD | OPEN* |
| | 066 | MIXED (BOYS AND GIRLS) 11-12 YEARS OLD | OPEN* |
| | 067 | BOYS 13-14 YEARS OLD | OPEN* |
| | 068 | GIRLS 13-14 YEARS OLD | OPEN* |
| | 069 | MIXED BOYS AND GIRLS 13-14 YEARS OLD | OPEN* |
| | 070 | BOYS 15-17 YEARS OLD | OPEN* |
| | 071 | GIRLS 15-17 YEARS OLD | OPEN* |
| F R I D A Y 27 th | 072 | MIXED (BOYS AND GIRLS) 15-17 YEARS OLD | OPEN* |
| | 073 | MEN 18-29 YEARS OLD | OPEN* |
| | 074 | WOMEN 18-29 YEARS OLD | OPEN* |
| | 075 | MIXED MEN AND WOMEN 18-29 YEARS OLD | OPEN* |
| | 076 | MEN 30-40 YEARS OLD | OPEN* |
| | 077 | WOMEN 30-40 YEARS OLD | OPEN* |
| | 078 | MIXED (MEN AND WOMEN) 30-40 YEARS OLD | OPEN* |
| | 079 | MEN 41-50 YEARS OLD | OPEN* |
| | 080 | WOMEN 41-50 YEARS OLD | OPEN* |
| | 081 | MIXED (MEN AND WOMEN) 41-50 YEARS OLD | OPEN* |
| | 082 | MEN 51+ YEARS OLD | OPEN* |
| | 083 | WOMEN 51+ YEARS OLD | OPEN* |
| 084 | MIXED (MEN AND WOMEN) 50+ YEARS OLD | OPEN* | |

*In the final round competitors **MUST** perform a different Kata

POINT SYSTEM will be used for all team kata categories.

Friday and Saturday Categories will have to perform a different kata in the final round.

Competitors can enter in both BOYS/GIRLS TEAM and MIXED KATA TEAM events.

Competitors may ONLY move up an age division in Team Kata.

INDIVIDUAL KUMITE

| | | AGE GROUP | GRADE | KUMITE | |
|--------------------------------------|-----------------------|-----------------|--------------------------|-----------------|--------------------------|
| S U N D A Y | 29 th | 085 | GIRLS 6 YRS AND UNDER | OPEN | SHOBU IPPON: 1MIN 30SEC |
| | | 086 | BOYS 6 YRS AND UNDER | OPEN | SHOBU IPPON: 1MIN 30SEC |
| | | 087 | BOYS 7-8 YEARS OLD | 8 KYU AND BELOW | SHOBU IPPON: 1MIN 30SEC |
| | | 088 | BOYS 7-8 YEARS OLD | 7 KYU AND ABOVE | SHOBU IPPON: 1MIN 30SEC |
| | | 089 | GIRLS 7-8 YEARS OLD | 8 KYU AND BELOW | SHOBU IPPON: 1MIN 30SEC |
| | | 090 | GIRLS 7-8 YEARS OLD | 7 KYU AND ABOVE | SHOBU IPPON: 1MIN 30SEC |
| | | 091 | BOYS 9-10 YEARS OLD | 8 KYU AND BELOW | SHOBU IPPON: 1MIN 30SEC |
| | | 092 | BOYS 9-10 YEARS OLD | 7 KYU AND ABOVE | SHOBU IPPON: 1MIN 30SEC |
| | | 093 | GIRLS 9-10 YEARS OLD | 8 KYU AND BELOW | SHOBU IPPON: 1MIN 30SEC |
| | | 094 | GIRLS 9-10 YEARS OLD | 7 KYU AND ABOVE | SHOBU IPPON: 1MIN 30SEC |
| S A T U R D A Y | 28 th | 095 | BOYS 11-12 YEARS OLD | 8 KYU AND BELOW | SHOBU IPPON: 1MIN 30SEC |
| | | 096 | BOYS 11-12 YEARS OLD | 7 KYU - 4 KYU | SHOBU IPPON: 1MIN 30SEC |
| | | 097 | BOYS 11-12 YEARS OLD | 3 KYU AND ABOVE | SHOBU IPPON: 1MIN 30SEC |
| | | 098 | GIRLS 11-12 YEARS OLD | 8 KYU AND BELOW | SHOBU IPPON: 1MIN 30SEC |
| | | 099 | GIRLS 11-12 YEARS OLD | 7 KYU - 4 KYU | SHOBU IPPON: 1MIN 30SEC |
| | | 100 | GIRLS 11-12 YEARS OLD | 3 KYU AND ABOVE | SHOBU IPPON: 1MIN 30SEC |
| | | 101 | BOYS 13-14 YEARS OLD | 8 KYU AND BELOW | SHOBU IPPON: 1MIN 30SEC |
| | | 102 | BOYS 13-14 YEARS OLD | 7 KYU - 4 KYU | SHOBU IPPON: 1MIN 30SEC |
| | | 103 | BOYS 13-14 YEARS OLD | 3 KYU AND ABOVE | SHOBU IPPON: 1MIN 30SEC |
| | | 104 | GIRLS 13-14 YEARS OLD | 8 KYU AND BELOW | SHOBU IPPON: 1MIN 30SEC |
| | | 105 | GIRLS 13-14 YEARS OLD | 7 KYU - 4 KYU | SHOBU IPPON: 1MIN 30SEC |
| | | 106 | GIRLS 13-14 YEARS OLD | 3 KYU AND ABOVE | SHOBU IPPON: 1MIN 30SEC |
| F R I D A Y | 27 th | 107 | BOYS 15-17 YEARS OLD | 8 KYU AND BELOW | SHOBU IPPON: 2 MINUTES* |
| | | 108 | BOYS 15-17 YEARS OLD | 7 KYU - 4 KYU | SHOBU IPPON: 2 MINUTES * |
| | | 109 | BOYS 15-17 YEARS OLD | 3 KYU AND ABOVE | SHOBU IPPON: 2 MINUTES * |
| | | 110 | GIRLS 15-17 YEARS OLD | 8 KYU AND BELOW | SHOBU IPPON: 2 MINUTES * |
| | | 111 | GIRLS 15-17 YEARS OLD | 7 KYU - 4 KYU | SHOBU IPPON: 2 MINUTES * |
| | | 112 | GIRLS 15-17 YEARS OLD | 3 KYU AND ABOVE | SHOBU IPPON: 2 MINUTES * |
| | | 113 | MEN 18-29 YEARS OLD | 8 KYU AND BELOW | SHOBU IPPON: 2 MINUTES * |
| | | 114 | MEN 18-29 YEARS OLD | 7 KYU - 4 KYU | SHOBU IPPON: 2 MINUTES * |
| | | 115 | MEN 18-23 YEARS OLD | 3 KYU - 1 DAN | SHOBU IPPON: 2 MINUTES * |
| | | 116 | MEN 18-23 YEARS OLD | 2 DAN AND ABOVE | SHOBU IPPON: 2 MINUTES * |
| | | 117 | MEN 24-29 YEARS OLD | 3 KYU-1 DAN | SHOBU IPPON: 2 MINUTES * |
| | | 118 | MEN 24-29 YEARS OLD | 2 DAN AND ABOVE | SHOBU IPPON: 2 MINUTES * |
| | | 119 | WOMEN 18-29 YEARS OLD | 8 KYU AND BELOW | SHOBU IPPON: 2 MINUTES * |
| | | 120 | WOMEN 18-29 YEARS OLD | 7 KYU - 4 KYU | SHOBU IPPON: 2 MINUTES * |
| | | 121 | WOMEN 18-23 YEARS OLD | 3 KYU - 1 DAN | SHOBU IPPON: 2 MINUTES * |
| | | 122 | WOMEN 18-23 YEARS OLD | 2 DAN AND ABOVE | SHOBU IPPON: 2 MINUTES * |
| | | 123 | WOMEN 24-29 YEARS OLD | 3 KYU-1 DAN | SHOBU IPPON: 2 MINUTES * |
| | | 124 | WOMEN 24-29 YEARS OLD | 2 DAN AND ABOVE | SHOBU IPPON: 2 MINUTES * |
| | | 125 | MEN 30-40 YEARS OLD | 4 KYU AND BELOW | SHOBU IPPON: 2 MINUTES * |
| | | 126 | MEN 30-40 YEARS OLD | 3 KYU AND ABOVE | SHOBU IPPON: 2 MINUTES * |
| 127 | WOMEN 30-40 YEARS OLD | 4 KYU AND BELOW | SHOBU IPPON: 2 MINUTES * | | |
| 128 | WOMEN 30-40 YEARS OLD | 3 KYU AND ABOVE | SHOBU IPPON: 2 MINUTES * | | |
| 129 | MEN 41-50 YEARS OLD | 4 KYU AND BELOW | SHOBU IPPON: 2 MINUTES * | | |
| 130 | MEN 41-50 YEARS OLD | 3 KYU AND ABOVE | SHOBU IPPON: 2 MINUTES * | | |
| 131 | WOMEN 41-50 YEARS OLD | 4 KYU AND BELOW | SHOBU IPPON: 2 MINUTES * | | |
| 132 | WOMEN 41-50 YEARS OLD | 3 KYU AND ABOVE | SHOBU IPPON: 2 MINUTES * | | |
| 133 | MEN 51-59 YEARS OLD | OPEN | SHOBU IPPON: 2 MINUTES * | | |
| 134 | MEN 60+ YEARS OLD | OPEN | SHOBU IPPON: 2 MINUTES * | | |
| 135 | WOMEN 51-59 YEARS OLD | OPEN | SHOBU IPPON: 2 MINUTES * | | |
| 136 | WOMEN 60+ YEARS OLD | OPEN | SHOBU IPPON: 2 MINUTES * | | |

* Final round: SHOBU NIHON/ 3 minutes

PROTECTION:

MANDATORY: mouth guard, hands protection (red and blue/white), groin protection (boys), chest protection (girls).
OPTIONAL: head protector, body protector, foot and shin protectors.

Only safety glasses with restraining band or soft contact lenses are allowed.

Children: 6-14 years : all rounds (including final) - Shobu Ippon / time: 1min 30 sec.

Adults: 15+: all rounds – SHOBU IPPON / time: 2 min.
 Final - SHOBU NIHON / time: 3 min.

TEAM KUMITE

| AGE GROUP | | | KUMITE |
|--|-----|-----------------------------|---------------|
| S U N D A Y 29 th | 137 | BOYS 8 YEARS OLD AND UNDER | 3 COMPETITORS |
| | 138 | GIRLS 8 YEARS OLD AND UNDER | 3 COMPETITORS |
| | 139 | BOYS 9-10 YEARS OLD | 3 COMPETITORS |
| | 140 | GIRLS 9-10 YEARS OLD | 3 COMPETITORS |
| S A T U R D A Y 28 th | 141 | BOYS 11-12 YEARS OLD | 3 COMPETITORS |
| | 142 | GIRLS 11-12 YEARS OLD | 3 COMPETITORS |
| | 143 | BOYS 13-14 YEARS OLD | 3 COMPETITORS |
| | 144 | GIRLS 13-14 YEARS OLD | 3 COMPETITORS |
| | 145 | BOYS 15-17 YEARS OLD | 3 COMPETITORS |
| | 146 | GIRLS 15-17 YEARS OLD | 3 COMPETITORS |
| F R I D A Y 27 th | 147 | MEN 18-23 YEARS OLD | 3 COMPETITORS |
| | 148 | MEN 24-29 YEARS OLD | 3 COMPETITORS |
| | 149 | WOMEN 18-23 YEARS OLD | 3 COMPETITORS |
| | 150 | WOMEN 24-29 YEARS OLD | 3 COMPETITORS |
| | 151 | MEN 30-40 YEARS OLD | 3 COMPETITORS |
| | 152 | WOMEN 30-40 YEARS OLD | 3 COMPETITORS |
| | 153 | MEN 41-50 YEARS OLD | 3 COMPETITORS |
| | 154 | WOMEN 41-50 YEARS OLD | 3 COMPETITORS |
| | 155 | MEN 51+ YEARS OLD | 3 COMPETITORS |
| | 156 | WOMEN 51+ YEARS OLD | 3 COMPETITORS |
| | 157 | MEN 18+ | 5 COMPETITORS |

All matches are SHOBU IPPON with a time limit of 2 minutes.

If the first 2 matches have been won by one team, the team is declared WINNER (no third match needed).

Teams can enter with a minimum of 2 competitors (they will need to win both matches to qualify for the next round).

In CAT.135 (MEN 18+ 5 COMPETITORS) - if the first 3 matches have been won by one team, the team is declared WINNER.

In CAT.135 , teams can enter with a minimum of 3 competitors (they will need to win all matches to qualify for the next round)

Competitors may ONLY move up an age division in Team Kumite

