



Funakoshi Shotokan Karate Association

A California Corporation

KUMITE PRACTICE

Presented by
Sensei Kyle Funakoshi

FREE PRACTICE TRAINING



- **YOUTH: All ranks (FREE)**
- **ADULTS: Color Belts ONLY (FREE)**

DATE: October 8, 2016 (Saturday)

TIME: 1:00 – 2:00 P.M. Ages 5 – 9 Years
2:00 – 3:00 P.M. Ages 10 years – Adult

Doors will open at **1:00 pm** for this **FREE** practice.

Please notify office if there is a difference in age group if more than one family member training.

PLACE: FSKA World Headquarters
1293 South Park Victoria Blvd
Milpitas, CA

PHONE: (408) 263-8544

DIRECTIONS: I-680, Exit Landess (East)
Left on South Park Victoria Drive
(next to CoMerica Bank)

For more information call FSKA at (408) 263-8544.

- For hygiene reasons, participants **MUST** have their **OWN** safety equipment:
- Fist pads, mouthpiece, athletic cup (males) **required** for all kumite participants.
- **OWN** Chest protectors & face masks **highly recommended, especially for youth.**



Show your dojo spirit and don't miss this opportunity on October 8, 2016 (Saturday) that will give you valuable information on fine-tuning your Kumite etiquette, as well as tips and technical corrections for competition. As a competitor, you want that extra "edge" that will impress the judges on your traditional training at FSKA.

This Kumite practice session will be in preparation for the UPCOMING FSKA Annual Championships to be held on **October 22, 2016 (Saturday)** at Homestead High School in Cupertino. Flyers will be sent out prior to the tournament!